

Call the number on the back of your insurance card to check mental health benefits and providers

YES

I'm concerned about my child's mental health, but it isn't an emergency.

Children do best when families, providers, and schools work together as a team. Parents may want to consider signing release of information forms to make sure that all current providers are aware of concerns and referrals.

Community Mental Health providers if you do not have insurance:

Calumet County Health & Human Services: 920-849-1400

Outagamie County Health & Human Services: 920-832-4741

Winnebago County Health & Human Services: 920-729-2750

Youth & Family Counseling: 920-750-5925

MENASHA

JOINT SCHOOL DISTRICT



SEARCHABLE RESOURCE GUIDES:

- <u>211 Wisconsin: Connect to Local Services</u>
- ForwardHealth Provider Directory
- Northeast Wisconsin Mental Health Connection
- <u>Wisconsin Wayfinder: Children's Resource Network</u>
- MJSD Parent Resources and Links

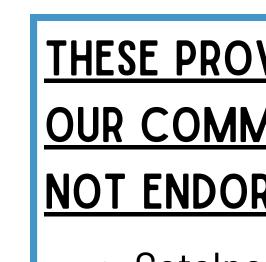
NAMI Parent Peer Advocate:

Christy Sprotte, a Parent Peer Advocate with NAMI Fox Valley, is available as a resource for you through the Menasha Joint School District. Christy offers one-on-one support for parents of students who are identified as having mental health concerns. CALL OR EMAIL CHRISTY AT: 920-954-1550 (OFFICE)

> 920-851-9137 (CELL) CHRISTY@NAMIFOXVALLEY.ORG

LEARN MORE ABOUT MENTAL HEALTH:

- <u>988 Suicide and Crisis Helpline</u>
- <u>NAMI Fox Valley</u>
- Prevent Suicide Fox Cities
- <u>Substance Abuse and Mental Health Services Administration</u>



- <u>Catholic Charities</u>: 920-272-8234
- <u>Center for Grieving Children</u>: 920-750-5839
- <u>Compass Health</u>: 920-486-1630
- Family Services: 920-739-4226
- Lutheran Social Services: 920-730-1326
- <u>Options (AODA Only)</u>: 920-735-9010
- Partnership Community Health Center: 920-735-7445
- <u>Rawhide:</u> 877-300-9101
- <u>Reach Counseling</u>: 920-722-8150
- <u>Rogers Behavioral Health:</u> 800-767-4411
- <u>Samaritan Counseling</u>: 920-886-9319
- <u>Sherman Counseling</u>: 888-474-1344
- <u>Us2 Behavioral Health</u>: 920-903-1060
- Youth & Family Counseling: 920-750-5925 \bullet



THESE PROVIDERS SERVE CHILDREN AND ADOLESCENTS IN OUR COMMUNITY. MENASHA JOINT SCHOOL DISTRICT DOES NOT ENDORSE OR RECOMMEND ANY SPECIFIC PROVIDER:

• <u>Catalpa Health</u>: 920-750-7000